

POST EVENT & CONFERENCE CONTRACT.

NAME:

DATE:

EVENT:



WHO WILL I SHARE THESE TAKEAWAYS WITH?

WHEN & WHERE?

MY TAKE AWAYS

CONCEPTS & BIG IDEAS

CASE STUDIES/ STORIES/ EXAMPLES

SKILLS & TECHNIQUES

QUESTIONS & ISSUES TO EXPLORE



3 NEW ACTIONS

MY CHALLENGE

3 NEW HABITS

ACTION

WHEN AND WHERE?

TRIGGER

ROUTINE

REWARD

MY COMMITMENT

.....
.....
.....

MY GOAL

.....
.....
.....



WHO WILL HELP HOLD ME TO ACCOUNT?

MY SUPPORT

PEOPLE & NEW CONNECTIONS

RESOURCES & TOOLS

